



W/C 1 st July	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Lamb Sausages	Minced Beef Lasagne <i>served with garlic bread</i>	Honey Glazed Roast Gammon <i>served with gravy on the side</i>	Green Thai Chicken Curry <i>served with a sweet chilli sauce on the side</i>	Cod Fillet Fish Fingers <i>or</i> Oven Baked Haddock <i>with a creamy tarragon sauce</i>
Vegetarian	Cumberland Style Quorn Sausages	Vegetarian Enchiladas <i>served with a mildly spiced tomato sauce</i>	Vegetable Paella <i>served with shaved parmesan,</i>	Spinach & Sweet Potato Curry <i>served with raita</i>	French Bread Pizza <i>with red peppers and olives</i>
Alternative	Cheese & Red Onion Loaded Potato Skins	Penne Pasta <i>with a tomato sauce</i>	Oven Baked Jacket Potato <i>with sour cream & chives</i>	Pasta Twists <i>with a pesto sauce</i>	Oven Baked Jacket Potato <i>with baked beans & grated cheddar cheese</i>
On the Side	Mashed Potatoes Baked Beans Steamed Green Beans	Tomato and Cucumber Salad Steamed Broccoli Sweetcorn	Roast Potatoes Green Beans Steamed Carrots	Fluffy Rice Stir Fry Vegetables Steamed Mange Tout	Oven Chips Garden Peas Baked Beans
Daily Cold Dessert	Mixed Melon Slices	Shortbread Biscuits	Mixed Fruit Salad	Summer Berry Cheesecake	Honey & Berry Yoghurt Pots
Daily Desserts	Every day there will be a selection of: jelly, natural yoghurt with toppings, fresh whole & cut fruit pots				
Daily Salad	Sliced cucumber, tomatoes, grated carrots, mixed salad leaves, sweetcorn, grated cheese, coleslaw, dressings, pumpkin, sunflower seeds & fresh bread made in our kitchen				