



W/C 18 <sup>th</sup> MAR	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef & Pepper Burrito <i>served with guacamole &amp; sour cream</i>	Turkey Tikka Masala <i>served with poppadoms &amp; raita</i>	Lamb Lasagne <i>with a parmesan crust</i>	Salmon Pasta Bake	Homemade Chicken Goujons <i>with garlic mayonnaise</i>
Vegetarian	Chickpea Fajitas	Thai Green Vegetable Curry	Spinach & Ricotta Tortellini <i>with a red pepper sauce</i>	Butternut Squash, Pea & Feta Frittata	Southern Fried Quorn Nuggets
Alternative	Wholemeal Penne Pasta <i>served with a basil &amp; tomato sauce</i>	Oven Baked Jacket Potato <i>with grated cheese</i>	Broccoli & Asparagus Quiche	Oven Baked Jacket Potato <i>with BBQ Beans</i>	Cheese & Onion Potato Skins
On the Side	Potato Wedges Sweetcorn Green Beans	Steamed Rice Cauliflower Roasted Peppers	Carrots Broccoli Florets	New Potatoes Garden Peas Baked Beans	Chunky Chips Curly Kale Sweetcorn
Daily Cold Dessert	Date & Apricot Flapjacks	Natural Yoghurt <i>with apple &amp; cinnamon compote</i>	Chocolate & Beetroot Brownie	Pineapple Slices	Fruity Jelly Pots
Daily Desserts	Every day there will be a selection of: jelly, natural yoghurt with toppings, fresh whole & cut fruit pots				
Daily Salad	Sliced cucumber, tomatoes, grated carrots, mixed salad leaves, sweetcorn, grated cheese, coleslaw, dressings, pumpkin, sunflower seeds & fresh bread made in our kitchen				